



**Under the Patronage
of His Eminence Metropolitan Elias
Metropolitan of Beirut and its dependencies**

Saint George Hospital University Medical Center

Presents its
23rd Annual Congress

October 18, 19 and 20, 2018

POCKET PROGRAM



In Collaboration with



**LEBANESE SOCIETY
of CARDIOLOGY**



LSOG



KIDNEYDS



LSMO



**PROGRESS-
CTO**



WELCOME LETTERS

Dear Colleagues,

On behalf of Saint George Hospital University Medical Center's administration and physicians, it is my pleasure to welcome you all to the 2018's Annual Congress under the patronage of His Eminence Metropolitan Elias.

We are very pleased to announce that this year the meeting coincides with the long waited acquisition of a license to open the Saint George University of Beirut.

This congress is featuring the new guidelines and up-to-date technology in the different medical specialties provided at the hospital, ranging from Neurology, Psychiatry, Geriatrics, Medical Imaging, Gynecology, Pediatrics Nephrology, Cancer genetics, Cardiology to Pain management.

In this regard, the congress will be offering an exciting scientific program including one full day in cardiology with a course focusing on CTO and Complex PCI and workshops on pain management and wound care. All this will be delivered by world renowned speakers and leaders in these fields.

An innovative scientific exhibit will be held in conjunction with the conference shedding the light on the latest updates in technologies pertaining to the different medical specialties.

We look forward for your participation in the congress and for the opportunity to exchange medical knowledge and ideas.

Joudy Bahous, MD

President of the Congress

Dear Colleagues and Friends

It is our great pleasure to invite you to participate and to contribute to the success of the 23rd Saint George Hospital Congress that will take place on October 18-20, 2018 in Beirut.

Saint George Hospital University Medical Center continues to provide state-of-the-art medical care to the community. Our highly specialized physicians and staff strive to deliver the outstanding quality and personalized attention our patients deserve. Our medical vision is based on three important pillars: Patient Care, Medical Education and Research.

Through this congress, we aim to shed a light on our medical centers of excellence and share the medical expertise we have gathered along our 140 years.

The meeting will be stimulating, allowing each one of us the opportunity to meet and create our own professional network of colleagues and friends.

Our highly qualified international speakers are traveling from Europe and northern America. The scientific program will feature their expertise in different medical specialties paralleled with hands-on workshops in several topics.

This congress is only possible through the generous contributions of our sponsors, the efforts of our speakers and the hard work of our multi-disciplinary team.

We invite you to discover the assets of the town and make your stay most enjoyable and special.

Finally, on behalf of the Scientific and Organizing Committee, I look forward to welcoming you to what promises to be an exciting, meaningful and fruitful event.

Yours faithfully,

Alexandre Nehme, MD, MBA
Medical Director

COMMITTEES & SPEAKERS

President of the Congress

Joudy Bahous

Medical Director

Alexandre Nehme

Organizing Committee

Jihad Khoury, Chair

Dany Al Hamod

Eid Azar

Khalil Bedran

Dimitri Haddad

Michel Jabbour

Rosette Jabbour

Assaad Maalouf

Wafaa Maalouf

Alexandre Nehme

Ziad Rassi

Scientific Committee

Fadi Abou Jaoude, Chair

Raja Ashou

Nabil Diab

Elie Stephan

John Fayyad

Michel Feghali

Noha Hakimeh

Michel Jabbour

Georges Juvelikian

Mounir Khoury

Joseph Makdessi

Peter Noun

Rana Skaff

Wissam Tohme

LEBANESE SPEAKERS

Nidal Abi Rafeh, MD

Fadi Abou Jaoude, MD

Pauline Abou Jaoude, MD

Raja Ashou, MD

Georges Assaf, MD

Joudy Bahous, MD

Nazem Bassil, MD

Nisrine Bou Khalil, RN

Salah Choueiri, MD

Caroline Cordahi-Tabet, DEA

Mohammed Dbouk, MD

Nabil Diab, MD

Georges Farha, MD

Michel Fattouch, MD

Emilie Fayad, MD

John Fayyad, MD

Ramy Ghabril, MD

Mira Haddad, RN

Nadim Hajal, MD

Antoine Hajj, MD

Nabil Helou, MD

Hicham Hjeij, MD

Elie Karam, MD

Georges Karam, MD

Georges Kettaneh, MD
Assaad Maalouf, MD
Zarouhie Meguerian, MD
Rania Naoufal, MD
Rami Nasr, MD
Malek Nassar, MD

Peter Noun, MD
Roy Raad, MD
Abdallah Rbeiz, MD
Fadi Sawaya, MD
Rabih Shibli, MA
Rana Skaf, MD

Elie Stephan, MD
Wissam Tohme, MD
Nader Wansa, MD
Laila Zahed, PhD

INTERNATIONAL SPEAKERS

Hazem Al Dabbas, MD
Sandrine Andrieu, MD
Jean-Marc Ayoubi, MD
Raouf Benabdelali, MD
Christophe Bergeron, MD
Steven Boardman, MD
Phillipe Bouchard, MD
Stephane Carlier, MD
Bertrand Degos, MD
Ahmed El Guindy, MD
Ali El Sayed, MD
Walid Farhat, MD
René Frydman, MD
Guillaume Géri, MD
Mireille Girard, UNHCR
Representative
Omer Goktekin, MD

France

France

France

France

France

France

Switzerland

France

Egypt

UAE

Canada

France

France

France

Turkey

Kamal Haddad, MD
Mirna Haddad, MD
Renaud Heraud, MD
Nadine Heuer, MC
John Irving, MD
Patricia Joane, MD
Lucie Karayan-Tapon, MD
Vincent Minville, MD
Richard Mollica, MD
Anne-Caroline Papeix, MD
Alexandre Peltier, MD
Julian Strange, MD
Bruno Vellas, MD
Heinz Wiendl, MD
Michael Weiner, MD

France

France

France

Germany

US

France

France

France

USA

France

Belgium

UK

France

Germany

USA

THURSDAY OCTOBER 18

12:30-13:30

Registration

Hall A

13:30-15:30

Moderators

13:30-14:00

14:00-14:30

14:30-15:00

15:00-15:30

Batlouni

Cancer Genetics Session

Georges Aftimos, Claude Ghorra, Colette Hanna

Colorectal Cancer: Somatic Mutations and Impact on Treatment Decision **Raouf Benabdelali**

Lung Cancer: Somatic Mutations and Impact on Precision Medicine **Lucie Karayan-Tapon**

Cancer Genome Wide Analysis by Microarray **Rania Naoufal**

Hereditary Cancer and Next Generation Counselling **Laila Zahed**

15:30

Coffee Break sponsored by BLOM BANK

12:30-13:30

Registration

Hall B

13:30-15:45

Moderators

13:30-13:40

13:40-14:10

14:10-14:15

14:15-14:45

14:45-14:50

14:50-15:20

15:20-15:25

15:25-15:45

Bechara Amphitheater

Gynecology Session

Georges El Kehdy, Labib Ghulmiyyah, Karim Nawfal

Welcome Word **Rana Skaf**

Pregnancy in Advance Maternal Age **Jean-Marc Ayoubi**

Q & A

Polycystic Ovary Syndrome, a frequent condition with an inappropriate name

Philippe Bouchard

Q & A

Ethics in Reproductive Endocrinology **René Frydman**

Q & A

OBGYN Symposium The History of Ultrasonography in Obstetrics: Where Are We Now?

Nadim Hajal

15:45

Coffee Break sponsored by BLOM BANK

18:30

Opening Ceremony HALL B Bechara Amphitheater

Prayer

President of the Congress

Medical Director

President of the Lebanese Order of Physicians

Deputy Prime Minister, Minister of Public Health

His Eminence Metropolitan Elias

Lebanese Tenor and Opera Singer

Opening Speech

Dr. Joudy Bahous

Dr. Alexandre Nehme

Dr. Raymond Sayegh

Mr. Ghassan Hasbani

Metropolitan Elias

Mr. Edgard Aoun

Mr. Philippe Douste-Blazy

Ancien Ministre Français

Secrétaire Général Adjoint des Nations Unies

Followed by a Cocktail Reception

FRIDAY OCTOBER 19

08:00-09:00

Registration

Hall A

09h00-10:30

Moderators

09:00-09:30

09:30-10:00

10:00-10:30

Batlouni

Multiple Sclerosis

Adnan Awada, Nabil Mohsen, Naji Riachi

Updates in Immunopathology: Role of T & B Cells **Heinz Wiendl**

Updates in Diagnosis (Revised 2017 Mc Donald Criteria) and Markers of Disease Activity
Anne-Caroline Papeix

Updates in Disease Modifying Therapies - Progressive Forms **Anne-Caroline Papeix**

10:30-11:00

Coffee Break sponsored by Fattal

11:00-12:00

Moderators

11:00-11:30

11:30-12:00

The Brain after Cardiac Arrest

Fadi Abou Rizk, Georges Juvelikian, Wajdi Abi Saleh

Therapeutic Hypothermia Where Do We Stand in 2018 **Guillaume Géri**

Round Table: Chain of Survival for Cardiac Arrest

Panelists: Salah Choueiri, Georges Kettaneh, Joudy Bahous

12:00-13:00

Moderators

12:00-12:30

12:30-13:00

Parkinson Disease

Nabil Akkawi, Antoine Aouad, Kamal Kallab

Motor Complications: Clinical Aspects and Pharmacological Approaches **Bertrand Degos**

Motor Complications: Special Consideration in Management (DUO-DOPA Pump, Apomorphine Pump, Deep Brain Stimulation) **Bertrand Degos**

14:00-15:00

Lunch

15:00-17:00

Moderators

15:00-15:20

15:20-15:45

15:45-16:10

16:10-16:30

16:30-16:45

16:45-17:00

Pediatric Session

Zaki Ghorayeb, Adlette Inati, Maha Kanaan, Roger Korkomaz

Nephrolithiasis in Children: From the Nephrologist Point of View **Ramy Ghabril**

Nephrolithiasis in Children: From the Urologist Poin of View **Walid Farhat**

Wilms Tumor in Children: A Global Review and Clinical and Biological Updates

Christophe Bergeron

Wilms Tumor in Children: Long Term Renal Follow-Up **Pauline Abou Jaoude**

Vaccination Schedule Post Chemotherapy and in Immunosuppressed Patients **Peter Noun**

Q & A

17:00-17:30

Coffee Break

17:30-19:05

Moderators

17:30-17:35

17:35-17:55

17:55-18:15

Pediatric Session

Antonio Azzi, Fadi Iskandarani, Reva Matta

Kidneys: beyond All Boundaries **Pauline Abou Jaoude**

Neurogenic Voiding Dysfunctions: Updates and New Trends **Mirna Haddad**

Non Neurogenic Voiding Dysfunctions: Updates and New Trends **Walid Farhat**

18:15-18:45

Round Table: Antenatal Diagnosis of Urological Malformations

Mirna Haddad, Walid Farhat, Malek Nassar, Nabil Helou, Pauline Abou Jaoude,

Ramy Ghabril, Nabil Diab

18:45-18:55

Unplanned Extubation in PICU & NICU **Nisrine Bou Khalil (Head Nurse NICU)**

18:55-19:05

A Nurse's Experience in a Pediatric Ward **Mira Haddad (Clinical Nurse Specialist)**

FRIDAY OCTOBER 19

08:00-09:00

Registration

Hall B

09:00-10:30

Moderators

09:00-09:20

09:20-09:40

09:40-10:00

10:00-10:30

Bechara Amphitheater

Frailty: From Physical to Mental

Ramy Chemaly, Nabil Naja, Rania Sakr

Delirium: Importance of a Dangerous Syndrome **Nazem Bassile**

Depression in Frailty and Dementia **Georges Karam**

Neuro-Imaging in Alzheimer Disease **Roy Raad**

Frailty Prevention and Management **Bruno Vellas**

10:30-11:00

Coffee Break sponsored by Fattal

11:00-12:50

Moderators

11:00-11:30

11:30-12:00

12:00-12:30

12:30-12:50

Alzheimer's Disease

Salam Jalloul, Michel Matar, Elie Stephan

Is There a Blood Test to Diagnose Alzheimer's Disease? **Michael Weiner**

Prevention of Alzheimer's Disease **Sandrine Andrieu**

Clinical Trials In Alzheimer's Disease, Update **Bruno Vellas**

Nutrition in Elderly, a Key Factor for Better Outcome **Kamal Haddad**

13:00-14:00

Round Table: Malpractice vs Medical Complication: Legal Issues

14:00-15:00

Lunch

15:00-16:40

Moderator

15:00-15:25

15:25-15:50

15:50-16:15

16:15-16:40

Bed Sores

Jamil Bou Habib, Neemat Daou, Michel Feghaly

Pressure Ulcer: Repositioning Guide for Prevention and Management **Hazem Al Dabbas**

New Approach for Wound Healing: PRP and Wound Care Management
(Advanced Wound Technology) **Renaud Heraud**

Management of DFU (Diabetic Foot Ulcer): The Value of High Quality Care **Patricia Joane**

Biofilms and Wound Healing **Nadine Heuer**

Moderator

17:15-18:45

Elie Karam

Supporting a Good Environment for Refugees: Between Empowerment and Settlement

Richard Mollica, Mireille Girard

SATURDAY OCTOBER 20

08:00-09:00

Registration

Hall A

Batlouni

Interventional Cardiology: CTO and Complex PCI

09h00-11:00

Session 1

Chairman

John Irving

09:00-09:15

CTO, Indications and Case Selection **Julian Strange**

09:15-09:30

Dual Injection Angiogram and Collaterals Studying **Omer Goktekin**

Case 1

09:30-09:40

Antegrade Wire Escalation CTO PCI **Mohammed Dbouk**

09:40-09:50

Discussion

09:50-10:00

Principles of Wire Manipulation **Fadi Abou Jaoude**

Case 2

10:00-10:10

Rotablator **Fadi Sawaya**

10:10-10:20

Discussion

10:20-10:30

Balloon Uncrossable Lesions **John Irving**

Case 3

10:30-10:40

Guide Extenders **Abdallah Rbeiz**

10:40-10:50

Discussion

10:50-11:00

Techniques to Improve Stent Deliverability **Stephane Carlier**

11:00-11:15

Coffee Break

11:15-13:00

Session 2

Chairman

Stephane Carlier

11:15-11:30

Retrograde CTO PCI Step by Step **John Irving**

Case 4

11:30-11:40

Basic Retrograde CTO PCI **Ali Al Sayyed**

11:40-11:50

Discussion

11:50-12:00

Solutions for Proximal and Distal Caps Ambiguity **Julian Strange****Case 5**

12:00-12:10

Complex Retrograde CTO PCI **Omer Goktekin**

12:10-12:20

Discussion

12:20-12:30

Septal vs Epicardial Collaterals, Techniques, Advantages and Disadvantages **Julian Strange****Case 6**

12:30-12:40

Coronary Perforation **Stephane Carlier**

12:40-12:50

Discussion

12:50-13:00

Coronaries and Collaterals Perforation Management **Ahmed El Guindy****13:00-14:00****Lunch****14:00-16:00****Session 3****Chairman****Julian Strange**

14:00-14:15

Hybrid Algorithm **Omer Goktekin**

14:15-14:30

Use of Hemodynamic Support in CTO PCI **Nidal Abi Rafeh****Case 7**

14:30-14:40

ADR, STAR Technique **Fadi Abou Jaoude**

14:40-14:50

Discussion

14:50-15:00

Different Types of Microcatheters **Steven Boardman****Case 8**

15:00-15:10

ADR, Stingray Technique **Assaad Maalouf**

15:10-15:20

Discussion

15:20-15:30

Different Reentry Techniques **Nidal Abi Rafeh****Case 9**

15:30-16:00

Miscellaneous

Michel Fattouch, Hicham Hjeij, Antoine Hajj, Nader Wansa

16:00

Adjourn

SATURDAY OCTOBER 20

08:00-09:00

Registration

Hall B

09:00-12:15

Bechara Amphitheater
Community Mental Health

09:00-10:30

Session 1

Moderator

Suzanne Jabbour

09:00-09:30

Assessing the Impact of the Ghata Project, Lebanon **Richard Mollica**

09:30-09:50

Ghata: A Restorative Built Environment Impacting Refugees Mental Health in Lebanon
Rabih Shibli

09:50-10:10

Building Mental Health in the Assyrian Community: An Integrated Intervention
John Fayyad

10:10-10:30

Resilience-Building Interventions within the School System **Caroline Cordahi-Tabet**

10:30-10:45

Coffee Break

10:45-12:15

Session 2

Moderator

Aimée Nasser-Karam

10:45-11:05

Improving Mental Health and Personal Competence: A Prospective Study **Elie Karam**

11:05-11:25

Prevention of Mental Disorders in the Elderly through Community Interventions: The Elderly Empowerment Project **Georges Karam**

11:25-11:45

Human Longevity and Active Aging Networking **Elie Stephan**

11:45-12:15

Discussion

12:30-15:15

12:30-14:00

Moderators

12:30-12:40

12:40-12:50

12:50-13:00

13:00-13:10

13:10-13:25

13:25-13:40

13:40-13:50

13:50-14:00

Prostate Cancer from Diagnosis to Follow Up: A Multidisciplinary Approach

Session 1

Imad Ghantous, Elie Nemr, Pierre Sarkis

Introduction and Case Presentation **Michel Jabbour**

PSA: to Screen or Not to Screen **Rami Nasr**

Novel Biomarkers in Early Screening and Diagnosis of Prostate Cancer **Rania Naoufal**

Multiparametric MRI: Use or Overuse **Emilie Fayad**

MRI Targeted Fusion Biopsy: The Concept and Local Experience **Raja Ashou**

Role of Fusion Biopsy in Active Surveillance **Alexandre Peltier**

Rising PSA Despite Normal MRI: To Do or Not to Do **Georges Assaf**

Discussion

14:00-14:20

Break

14:20-15:15

Session 2

Moderators

14:20-14:30

14:30-14:45

14:45-14:55

14:55-15:05

15:05-15:15

Walid Alameh, George Ghazal, Salim Zeini

PET Scan: What to Do When to Do **Roy Raad**

Focal Therapies with or without Koelis: Opportunities and Challenges **Alexandre Peltier**

SBRT in Oligometastatic Disease **Georges Farha**

Histopathology: Diagnostic and Prognostic Criteria **Zarouhie Meguerian**

Discussion

WORKSHOPS

FRIDAY OCTOBER 19

Hall C - Small Batlouni

Workshop for Wound Care

- | | |
|-------------|--|
| 14:00-15:00 | How to Assess a Chronic Wound and How to Choose The Appropriate Dressing? |
| 16:45-17:45 | Negative Pressure Wound Therapy: Indications, Contre Indications and Technique |

SATURDAY OCTOBER 20

Hall C - Small Batlouni

10:00-10:30	Locoregional Anesthesia and Pain Management Vincent Minville
10:30:12:00	Workshop: Locoregional Anesthesia and Pain Management Under Ultrasound Workshop Vincent Minville, Wissam Tohmé
12:00-12:30	Break
12:30-14:00	Workshop: Locoregional Anesthesia and Pain Management Under Ultrasound Workshop Vincent Minville, Wissam Tohmé

Free Registration for 3 days including workshops

ACKNOWLEDGEMENT

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